

Consent for Evaluation of Pelvic Floor Muscle Dysfunction

I acknowledge that I have been referred for evaluation and treatment of pelvic floor dysfunction. Pelvic Floor Dysfunction includes, but is not limited to urinary or fecal incontinence, difficulty with bladder, bowel or sexual function, painful scars after surgery or childbirth, persistent sacroiliac or low back pain and pelvic pain conditions.

I understand that to evaluate my condition it is necessary for my physiotherapist, who has been trained in pelvic health physiotherapy, to perform an external and/or internal pelvic examination per vagina or rectum. This examination will assess skin condition, reflexes, muscle tone (length, strength and endurance), scar mobility and function of the pelvic floor region which may include biofeedback requiring the use of sensors.

Treatment may include the following modalities: observation, palpation, soft tissue techniques, joint mobilisation, stretching and strengthening exercises, relaxation and mindfulness training, use of vaginal weights, vaginal sensors for biofeedback and/or electrical stimulation, ultrasound, heat, cold and educational instruction.

I acknowledge the following:

- I am not aware that I have any infection of the area to be examined
- I am not aware that I am pregnant
- I am not aware that I am allergic to latex
- I haven't had any surgery/pelvic radiation in the past 6 weeks
- The purpose, risks and benefits have been explained to me
- I understand that I am responsible for telling the examiner immediately if I have any discomfort or unusual symptoms during the evaluation and or treatment
- The costs of the evaluation/procedure have been explained to me
- I choose the option of having a third person in the room with me YES / NO

Is there any other information that you wish to disclose to your therapist?

.....
.....
.....
.....



Name of Patient

Signature of Patient

Signature of parent or guardian (if applicable)

Name of Physiotherapist Carren Hughes

Signature of Physiotherapist

Date Time

Place

